

## Profile

I am a self shooting researcher passionate about making high quality, evocative television programs that appeal to a wide audience. I have shot on Sony Z1 and DSR for prime time transmission on BBC One. I have strong editorial instincts, excellent communication skills and a proven track record performing under pressure. As well as working on factual entertainment programs for the BBC and ITV, I have been commissioned independently to make films for charities in the UK and overseas.

## Production Employment History

### October 2009 – Present

#### BBC

##### The One Show – Researcher (Experience in both studio and VT elements).

- Generating relevant ideas for editorial content for studio and VTs.
- Working with a director as part of a two person team to make VTs on a four day turnaround.
- Finding contributors and locations, conducting research chats and casting.
- Organising shoot logistics, schedules and writing call sheets.
- Shooting actuality, vox pops and interviews on Z1 and DSR.
- Providing edit support on day of TX.
- Writing briefs and briefing studio guests and presenters.
- Finding and clearing archive material.
- Completed stage one and two BBC production safety and BBC DSR450 conversion course.

### March – October 2009

#### BBC

##### The One Show – Runner

- Working under pressure at fast pace on a daily magazine show.
- Working in a live studio environment with presenters and celebrity guests.
- Managing, transferring and logging tapes and archive material.
- Providing hospitality for high profile celebrity guests.
- Locating and making studio props.
- Assisting on live OBs.

### January – March 2009

#### BBC

##### The Secret Life of the Airport – Runner

- Assisting interviews shoots and edits.
- Assisting director and camera operator with lights, set dressing, camera equipment and interviews.
- Shooting actuality on Sony Z1.
- Recording sound.
- Managing rushes and release forms.

### December 2008

#### Farm Crisis Network

##### Freelance Video Producer and Photographer

- Managing all elements of production and post production.
- Lighting, shooting and conducting interviews.
- Recording Sound.
- Editing (FCP).

## October 2008

### ITV Productions

#### House Guest – Self Shooting Runner

- Shooting actuality on Sony Z1.
- Assisting main camera operator with lights, gels, rigging and de-rigging equipment.
- Assisting Producer / Director

## January – March 2008

### Toybox Charity

#### Freelance Video Producer and Photographer

- Relationship building in UK and Latin America.
- Working with children - CRB approved.
- Worked to deadline and specified brief using initiative.
- Provided digital media content for TV, DVD and internet.
- FTP uploading and file management.
- Digital Video.
- Photography.
- Adobe Photoshop.
- Editing (Final Cut Pro).

## April – October 2007

### MLR Hospitality, Flore, Northampton

#### AV Technician, hospitality rigger and host

- Rigging temporary structures and audio visual equipment.
- Teamwork - undertook potentially dangerous tasks such as working on ladders, heavy lifting and rigging electrical equipment. Required absolute trust between colleagues.
- Managing audio and visuals for Chevrolet Motorsport press conferences.
- Traveling and working abroad.

## February – April 2007

### Zig Zag Productions

#### Junior Researcher

- Researching editorial, locations and props.
- Assisting interviews shoots and edits.
- Logging and archiving tape material.

## Education

2003 – 2006 Southampton Solent University

#### **BA (Hons) Media with Cultural Studies (2.1)**

*Achieved 1<sup>st</sup> for major project documentary 'Cambodia's Forgotten Children': Managed complete production including development of relationships with non-government organisations (NGOs), organising and conducting interviews, shooting digital video in Cambodia, recording sound, writing a voice over and editing. Documentary now being shown in two schools in the UK and used as a promotional tool by several NGOs.*

1995-2002 Guilsborough School, Northamptonshire

**A-Level** - Psychology, Biology, **AVCE** – Business Studies **AS Level** – English Literature, **9 GCSE Passes** – English, Maths, Science (double award), DT, Geography, Drama, French, **Other** - Junior Sports Leader Award

## References

### Lynne Jones

BBC

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The One Show

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### Hardeep Giani

BBC

Director

The One Show

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